

Memo

To: NSA UIC's
From: Mike Snyder
CC: NSA Directors
Date: 6/1/2026
Re: California/Chinese change-up

All,

It has been brought to my attention that the California/Chinese change-up is being brought back to the playing field after a few years of disappearance.

This pitch is an illegal pitch as it violates Rule 6 Section 6 (e), which reads 'The pitcher makes no continuous wind-up after taking the forward step, which is simultaneous with the release of the ball.

The pitch in question, the ball is released in the 'up-swing' of the pitching motion and the arm continues in a windmill fashion, simulating a complete motion.

Mechanic: Either umpire can call an illegal pitch, this is a delayed dead ball.
Penalty: A ball is awarded to the batter. If the illegal pitch is hit and all runners, including the batter-runner, advance one base, the play stands. If all base runners, including the batter-runner, do not advance at least one base, the offensive coach has the option of taking the result of the play or the result of the pitch. Failure of players to hear the umpires call shall not void the call.